Alzheimer's Walks Information

Alzheimer's Orange County

Information about Sunshine Performance Club's Participation in Walk4Alz

2017

Phil Silverman and Cheryl Blanton organized friends for the
Alzheimer's Orange County Walk at
Laguna Niguel Regional Park.
Cheryl walked with two of her friends while Phil joined
David Hartman and Sunshine Lutey
who provided continuous entertainment
for the walkers who passed by.
One of Cheryl's friends, decided to stay and enjoy our music.
It was a joy to provide lively music for the walkers
and to return their waves of appreciation as they passed by.
I meant to get a group picture but I forgot.
Fortunately, Phil took some pictures and videos
which can be viewed below
 -- so thank you to Phil!!

David (Raindrop) sings for Alzheimer's "You'll Never Walk Alone"
Kevin Graham sings for Alzheimer's; Kevin was a volunteer at the event
   and an employee at Alzheimer's OC
David (Raindrop) sings for Alzheimer's "Who Can I Turn To"
Sunshine sings for Alzheimer's "Somewhere Out There"
David (Raindrop) sings for Alzheimer's "On The Street Where You Live"
David (Raindrop) sings for Alzheimer's "Lost In The Stars"
Sunshine sings for Alzheimer's "Put Your Arms Around Me Honey"
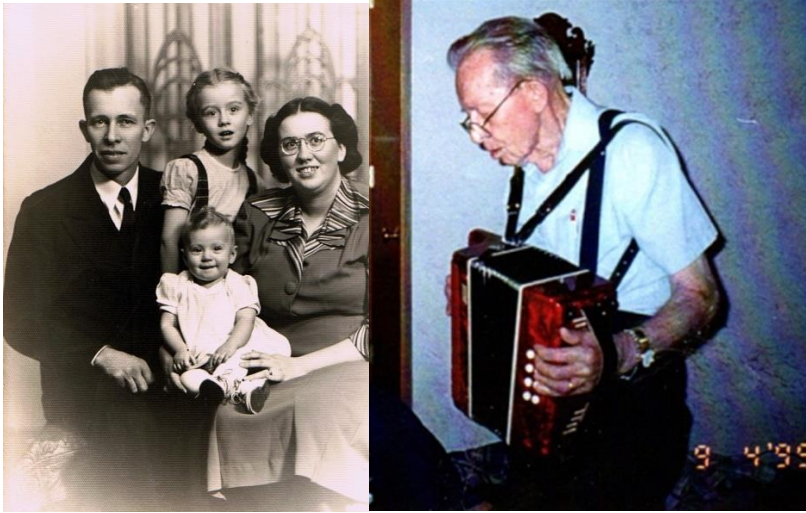Phil Sings for Alzheimer's "The Wonder Of You"

Some of the Sunshine Performance Club members will perform at the Alzheimer's Orange County walk event at Laguna Niguel Regional Park on Saturday, October 14, 2017.

There are several other Walk4ALZ events; everyone can register to be part of this or any of the events. I have personally enjoyed the thrill of seeing thousands of people, young and old alike, participating in these worthwhile events.

On my team page I have a picture of my Dad, Mom, my older sister, Waverly, and me; I'm guessing that Waverly was six and I was one. I also have a picture of my Dad at age 90 with his Concertina Accordion. I included the pictures here as well.

2016

About 2016 Walk4Alz

Sunshine Lutey | Perform at Laguna Niquel Walk4Alz |

<u>Walk 4 ALZ 2016</u>

Several of the Sunshine Club members will perform at the Alzheimer's Orange County walk event at Laguna Niguel Regional Park on Saturday, October 22, 2016.

Please join and support our efforts to raise funds for Alzheimer's Orange County at the Walk 4ALZ at Laguna Niquel Regional Park. Stop by and enjoy our music on the grass beside the walk.

There are several other Walk 4 ALZ Events

Everyone can register to be part of this or any of the events. I have personally enjoyed the thrill of seeing thousands of people, young and old alike, participating in these events.

Some direct links to the Alzheimer's webpage are provided below.

You can click on the link below for my personal team page. You can join our team, donate, read my personal story, or watch our first benefit show for Alzheimer's which was also a community show in Laguna Woods Village.

Or you can click the link below to register for multiple walks for any team or as an individual or to make a donation.

My dad died of the disease -- here's a picture of my family in 1943, my dad, mom, older sister, Waverly and me.

Register today for the 2016 Walk 4 ALZ!

Why Walk4ALZ Orange County?

Today there are more than 84,000 Orange County residents living with Alzheimer's disease or another form of dementia and that number is projected to more than triple by 2025. Now more than ever we need your help! **100% of the money raised remains local** and provides life changing research, programs, advocacy and support services for those living with memory loss as well as those who love and care for them.

Achieved

$101,673.00

14%

Goal

$750,000.00

Performers at the Walk

Entertainers at October 22 - Walk 4 ALZ

Laguna Niguel Regionl Park
Sunshine & Friends Team

David "Raindrop" Hartman
Sunshine Lutey
Marilyn Kohler
Amy Ren
Marilyn Kohler's Team
Golden Girls

Contact Sunshine Lutey
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SunshinelLutey@gmail.com

2015

About 2015 Walk4Alz

Sunshine Lutey | Perform at Laguna Niquel Walk4Alz |

Walk to End Alzheimer's 2015

Several of the Sunshine Club members will perform at the Alzheimer's Association walk event at Laguna Niguel Regional Park on Saturday, October 24.

Please join and support our efforts to raise funds for Alzheimer's Association at the Walk To End Alzheimer's at Laguna Niquel Regional Park. Stop by and enjoy our music on the grass beside the walk.

There are several other Walk To End Alzheimer's Events

Everyone can register to be part of this or any of the events. I have personally enjoyed the thrill of seeing thousands of people, young and old alike, participating in these events.

Some direct links to the Alzheimer's webpage are provided below.

My personal Team Page -- Link: http://act.alz.org/site/TR/Walk2015/CA-OrangeCounty?px=7550019&pg=personal&fr_id=7358

You can join our team, donate, read my personal story, or watch our first benefit show for Alzheimer's which was also a community show in Laguna Woods

2015 Walk registration is now live, register today!   OUR MISSION:

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

The Alzheimer's Association Walk to End Alzheimer's® is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Held annually in more than 600 communities nationwide and 3 locations in our region, this inspiring event calls on participants of all ages and abilities to reclaim the future for millions.

Registration for the 2015 Walk to End Alzheimer's is now open. **To sign up, visit** alz.org/walk, **find your Walk, and click the "registration button"**

For the Laguna Niguel Walk, you can join the Sunshine and Friends team --

1. Click Register
2. Click Join A Team
3. Select Sunshine and Friends

Mark your calendars:

Performers at the Walk

Phil Silverman wrote a song in 2015 for Alzheimer's

About 2014 - Walk to End Alzheimer's Event and Other Alzheimer's Events

Sunshine Lutey |

Walk to End Alzheimer's 2014

Several of the Sunshine Club members will perform at the Alzheimer's Association walk event on Saturdays; October 18 (District of Tustin Legacy). The Sunshine Friends will perform from 9 to noon.

Everyone can register to be part of this event. I have personally enjoyed the thrill of seeing thousands of people, young and old alike, participating in these events.

Some direct links to the Alzheimer's webpage are provided below.

2014 Walk registration is now live, register today!

In 2013, over 9,000 Walkers raised $725,000 towards the fight against Alzheimer's in Orange County. **Thank you** for uniting in a movement to end this devastating disease. 2014 will host Orange County's biggest Walks yet. Don't wait to register, join online today!

Registration for the 2014 Walk to End Alzheimer's is now open. **To sign up, visit alz.org/walk, find your Walk, and click the "register" button.** Watch this video for full instructions.

Mark your calendars: Saturday October 18, 2014, The District at Tustin Legacy

About Other 2014 Shows for Alzheimer's

Sunshine Lutey |

Since our mission statement (see below) includes the goal to donate funds through our performances to non-profit organizations, we arranged to perform a 2014 show at the Arcadian at Aliso Memory Facility in exchange for a donation to Alzheimer's Association.

On Wednesday, October 29 we will provide an hour of musical entertainment for the residents at 6:30 in the evening.

Mission Statement

The mission of the Sunshine Performance Club is to:

- **Provide free or reasonably priced wholesome and exciting entertainment for the community**
- **Through our entertainment raise funds to donate to non-profit organizations which provide assistance to our community.**

2013 Walk To End Alzheimer's

Sunshine Lutey | 10/26, 11/2, 11/16 |

A Letter of Invitation -- Would You Like To Join Us?

September 24, 2013

Dear Friends,

Raindrop (David Hartman), Sunshine Lutey, Mark Hochberg and Jon McCoy (all from the Sunshine group) are participating in the 2013 Alzheimer's Walk at District at Tustin on Saturday, October 26, Huntington Beach on Saturday, November 2 and at Angel Stadium of Anaheim on Saturday, November 16 because we

are committed to raising awareness and funds for Alzheimer research, care and support. We will provide a bit of music along the edge of the walk. We have a wonderful piano player, Mark Hochberg who will bring keyboard, table, bench while Raindrop and Sunshine will bring horn, bass guitar, harmonica, mics, mixer, speakers, along with song books; we may have more participants. We support these walks because we want to make a difference. If you register and participate in any of the three walks, we promise to sing and play our hearts out as you walk by.

Alzheimer's disease is the sixth-leading cause of death in the United States today. Will you join us by either participating in one of the "Walks To End Alzheimer's" or by making a donation via the link below to help raise funds for research, support and care programs? Alzheimer's Association Walk to End Alzheimer's TM is the nation's largest event to raise awareness and funds to fight Alzheimer's disease. You can help end this epidemic and show your support for the more than 5 million Americans living with the disease; that number is expected to grow to as many as 16 million by 2050. Our future is at risk unless we can find a way to change the course of this disease. The Alzheimer's Association is the world's largest voluntary health organization in Alzheimer's care, support and research, and the funds raised will go directly toward supporting their efforts.

The end of Alzheimer's starts with you. To register or make a donation, visit this link. For your donation please select Sunshine Lutey as the participant.

Sincerely,
Sunshine and Raindrop

Some of the Participants